

DAILY SUMMARY OF AVERAGE RETAIL PRICE OF TEN (10) ESSENTIAL HOUSEHOLD COMMODITIES

Price Data Collection Agency: Bureau of Statistics, Punjab
Daily Price Report: 21-09-2024, Saturday
Compared with: 3rd week of August, 2024
Price data type: Average Retail Price of The Punjab

The average retail price and its percentage change for (10) ten household essential commodities on 21-09-2024, compared with 3rd week of August 2024, of the Punjab, given as follows: -

Sr. No.	Items	Unit	Average Retail Price on		% Change	Trend
			21-09-2024	3 rd week of Aug, 2024		
	(1)	(2)	(3)	(4)	(5)	(6)
1	Wheat Flour (Thaila)	20 kg	1750	1794.2	-2.5	Decreased
2	Sugar White	1 kg	145	145.6	-0.4	Stable
3	Potatoes	1 kg	110	110.1	-0.1	Stable
4	Tomatoes	1 kg	120	148.0	-18.9	Decreased
5	Gram Dal	1 kg	350	326.0	7.4	Increased
6	Moong Dal washed	1 kg	330	336.9	-2.0	Decreased
7	Chicken Meat Broiler	1 kg	650	610.2	6.5	Increased
8	Beef	1 kg	875	905.6	-3.4	Decreased
9	Onion	1 kg	145	140.0	3.6	Increased
10	Veg. Ghee (Dalda)	5 kg	2525	2552.2	-1.1	Decreased

Out of 10 essential household items, the price of 03 items are increased, 05 decreased, and 02 remained stable.
Source: Bureau of Statistics, Punjab.

Retail Price of 70 Household Essential Commodities of The Punjab, on 21-09-2024

Compared with 3rd week of August-2024, and 3rd week of September-2023

Sr. No.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		Average	Weekly Average of (Min+ Max) Retail Prices 3rd week of		% Change on Average Price (Min+ Max) Date Over 3rd week of	
			Min	Max		Aug.-24	Sept.-23	Aug.-24	Sept.-23
			21/9/2024	Aug.-24	Sept.-23	Aug.-24	Sept.-23		

Staples

1	WHEAT ATTA LOOSE (MILL)	Kg	80	110	95.0	95.3	145.3	-0.3	-34.6
2	WHEAT ATTA LOOSE (CHAKKI)	Kg	90	120	105.0	107.4	153.9	-2.2	-31.8
3	WHEAT ATTA (THAILA)	20Kg	1,600	1,900	1,750.0	1,794.2	2,743.8	-2.5	-36.2
4	MAIDA	kg	120	170	145.0	136.1	174.0	6.5	-16.7
5	RAWA/SUJI	Kg	110	170	140.0	137.5	177.3	1.8	-21.0
6	VEG. GHEE (LOOSE)	kg	395	500	447.5	445.5	475.1	0.4	-5.8
7	VEG. GHEE (TIN) DALDA	5Kg	2,400	2,650	2,525.0	2,552.2	2,820.0	-1.1	-10.5
8	COOKING OIL (TIN) PLANTA	5Litre	2,500	2,700	2,600.0	2,660.6	3,003.2	-2.3	-13.4
9	VEG. GHEE (TIN)	16Kg	6,320	7,850	7,085.0	7,117.8	7,515.5	-0.5	-5.7
10	BAISAN (GROUND GRAM)	Kg	300	440	370.0	324.6	259.5	14.0	42.6
11	RICE BASMATI	Kg	220	360	290.0	320.4	349.3	-9.5	-17.0
12	BROKEN BASMATI	Kg	160	280	220.0	230.3	246.9	-4.5	-10.9
13	RICE IRRI-6/IRRI-PAK	Kg	150	240	195.0	189.4	200.4	3.0	-2.7
14	GRAM	Kg	320	400	360.0	312.9	247.7	15.1	45.3
15	GRAM DAL	Kg	300	400	350.0	326.0	254.1	7.4	37.8
16	MASOOR (WHOLE)	Kg	280	360	320.0	323.6	310.8	-1.1	3.0
17	MASOOR (DAL)	Kg	280	360	320.0	319.2	319.6	0.3	0.1
18	MASH DAL (UNWASHED)	Kg	500	630	565.0	576.9	526.9	-2.1	7.2
19	MASH DAL (WASHED)	Kg	520	640	580.0	606.5	545.3	-4.4	6.4
20	MOONG (WHOLE)	Kg	280	360	320.0	304.7	267.3	5.0	19.7
21	MOONG DAL (UNWASHED)	Kg	280	360	320.0	316.9	279.7	1.0	14.4
22	MOONG DAL (WASHED)	Kg	300	360	330.0	336.9	290.0	-2.0	13.8
23	CHILLIES (GROUND)	250g	160	230	195.0	191.3	196.1	1.9	-0.6
24	SUGAR WHITE	Kg	140	150	145.0	145.6	163.9	-0.4	-11.5
25	GUR	Kg	200	250	225.0	218.9	241.6	2.8	-6.9
26	ROCK SALT (CRUSHED)	Kg	20	60	40.0	34.4	28.2	16.3	42.1
27	DOUBLE ROTI (LOCAL)	400g	95	120	107.5	108.1	110.0	-0.6	-2.3
28	DOUBLE ROTI DAWN	360g	100	120	110.0	113.3	112.8	-2.9	-2.5
29	TANORI ROTI	117g	15	20	17.5	15.9	19.1	10.1	-8.4
30	WHEAT	Kg	75	120	97.5	87.3	127.5	11.7	-23.5
31	MUSTARD OIL	Kg	480	640	560.0	525.6	559.3	6.5	0.1

Dairy & Meat

32	CHICKEN ALIVE (BROILER)	Kg	360	480	420.0	416.6	356.2	0.8	17.9
33	CHICKEN MEAT (BROILER)	Kg	570	730	650.0	610.2	520.2	6.5	25.0
34	MUTTON	Kg	1,700	2,200	1,950.0	1,879.2	1,720.4	3.8	13.3
35	BEEF	Kg	750	1,000	875.0	905.6	797.2	-3.4	9.8
36	EGGS (FARMI)	Dozen	280	320	300.0	288.0	289.3	4.2	3.7
37	MILK	Litre	150	200	175.0	183.6	171.0	-4.7	2.3
38	MILK PACKED (HALEEB)	Litre	350	370	360.0	324.1	262.4	11.1	37.2
39	CURD	Kg	200	240	220.0	216.7	198.1	1.5	11.1
40	COOKED BEEF PLATE	Plate	280	400	340.0	328.3	274.6	3.6	23.8

M.D= meat less day, Source: Bureau of Statistics, Punjab

Retail Price of 70 Household Essential Commodities of The Punjab, on 21-09-2024

Compared with 3rd week of August-2024, and 3rd week of September-2023

Sr. No.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		Average	Weekly Average of (Min+ Max) Retail Prices 3rd week of		% Change on Average Price (Min+ Max) Date Over 3rd week of	
			Min	Max		21/9/2024	Aug.-24	Sept.-23	Aug.-24

Vegetables

41	GARLIC	Kg	480	700	590.0	557.3	502.0	5.9	17.5
42	GINGER	250g	150	220	185.0	182.5	269.1	1.4	-31.2
43	POTATOES	Kg	90	130	110.0	110.1	95.8	-0.1	14.8
44	ONIONS	Kg	130	160	145.0	140.0	83.5	3.6	73.6
45	SPINACH	Kg	60	120	90.0	87.4	61.9	3.0	45.3
46	TOMATOES	Kg	80	160	120.0	148.0	111.9	-18.9	7.2
47	BRINJAL	Kg	50	150	100.0	238.6	100.9	-58.1	-0.9
48	BITTER GOURD	Kg	120	260	190.0	182.0	128.0	4.4	48.5
49	LADY FINGER	Kg	80	150	115.0	217.5	113.1	-47.1	1.7
50	TINDA	Kg	160	300	230.0	235.6	202.8	-2.4	13.4
51	GHIA KADDU	Kg	40	150	95.0	207.7	107.4	-54.3	-11.6
52	ARVI	Kg	130	220	175.0	198.8	145.6	-11.9	20.2
53	GHIA TORRI	Kg	70	160	115.0	153.1	101.9	-24.9	12.9
54	COCUMBER (KHEERA)	Kg	120	200	160.0	124.4	118.2	28.6	35.4
55	LEMON	Kg	500	1,150	825.0	543.4	176.4	51.8	367.7

Fruits

56	APPLE SUPERIOR QUALITY	Kg	200	300	250.0	303.7	262.9	-17.7	-4.9
57	APPLE AVERAGE QUALITY	Kg	130	200	165.0	185.1	159.7	-10.9	3.3
58	BANANA	Dozen	100	140	120.0	139.0	127.4	-13.7	-5.8
59	DATES	Kg	450	700	575.0	531.9	620.3	8.1	-7.3
60	GUAVA	Kg	130	270	200.0	181.7	137.3	10.1	45.7

Household Essentials

61	KEROSENE OIL	Litre	248	360	304.0	307.4	318.3	-1.1	-4.5
62	FIREWOOD	40Kg	700	1,500	1,100.0	1,188.9	1,070.4	-7.5	2.8
63	ELECTRIC BULB 100 W	Each	90	150	120.0	101.7	86.2	18.0	39.2
64	LIFE BUOY	Cake	95	115	105.0	100.6	98.5	4.4	6.6
65	WASHING SOAP (SUFI)	Cake	125	130	127.5	129.2	131.1	-1.3	-2.7
66	MATCHES 50 STICKS	Each	5	7	6.0	6.3	6.0	-4.8	0.0

Tea & Tobacco

67	TEA (YELLOW LABEL)	190g	500	543	521.5	504.8	500.0	3.3	4.3
68	CIGARETTES (CAPSTAN) 20 CGS	Packet	220	240	230.0	229.4	220.0	0.3	4.5
69	MILK POWDERED NIDO	400g	860	1,100	980.0	875.8	787.7	11.9	24.4
70	TEA PREPARED (Sada)	Cup	50	70	60.0	61.7	54.8	-2.8	9.5

Source: Bureau of Statistics, Punjab

Increasing Decreasing or constant

(1)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT BAHAWALPUR
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	95.00	/ 95.00	95.00	140.00		-32.14
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	100.00	/ 100.00	100.00	150.00		-33.33
3	WHEAT ATTA (THAILA)	20Kg	1830.00	/ 1850.00	1840.00	2720.00		-32.35
4	MAIDA	kg	130.00	/ 130.00	140.00	170.00	-7.14	-23.53
5	RAWA/SUJI	Kg	130.00	/ 130.00	140.00	170.00	-7.14	-23.53
6	VEG. GHEE (LOOSE)	kg	440.00	/ 450.00	445.00	480.00		-7.29
7	VEG. GHEE (TIN) DALDA	5Kg	2600.00	/ 2600.00	2600.00	2850.00		-8.77
8	COOKING OIL (TIN)PLANTA	5Kg.	2675.00	/ 2675.00	2750.00	3000.00	-2.73	-10.83
9	VEG. GHEE (TIN)	16Kg.	7000.00	/ 7100.00	7050.00	7600.00		-7.24
10	BAISAN (GROUND GRAM)	Kg	360.00	/ 360.00	360.00	270.00		33.33
11	RICE BASMATI	Kg	300.00	/ 320.00	310.00	370.00		-16.22
12	BROKEN BASMATI	Kg	220.00	/ 220.00	220.00	220.00		
13	RICE IRRI-6/IRRI-PAK	Kg	180.00	/ 200.00	190.00	200.00		-5.00
14	GRAM	Kg	320.00	/ 320.00	320.00	250.00		28.00
15	GRAM DAL	Kg	350.00	/ 360.00	355.00	255.00		39.22
16	MASOOR (WHOLE)	Kg	320.00	/ 320.00	335.00	310.00	-4.48	3.23
17	MASOOR (DAL)	Kg	300.00	/ 320.00	345.00	320.00	-10.14	-3.13
18	MASH DAL (UNWASHED)	Kg	500.00	/ 520.00	586.67	512.50	-13.07	-0.49
19	MASH DAL (WASHED)	Kg	520.00	/ 540.00	598.33	532.50	-11.42	-0.47
20	MOONG (WHOLE)	Kg	300.00	/ 300.00	320.00	270.00	-6.25	11.11
21	MOONG DAL (UNWASHED)	Kg	290.00	/ 300.00	345.00	285.00	-14.49	3.51
22	MOONG DAL (WASHED)	Kg	310.00	/ 330.00	355.00	300.00	-9.86	6.67
23	CHILLIES (GROUND)	250gm	180.00	/ 180.00	180.00	195.00		-7.69
24	SUGAR WHITE	Kg	140.00	/ 140.00	140.00	170.00		-17.65
25	GUR	Kg	200.00	/ 200.00	200.00	250.00		-20.00
26	ROCK SALT (CRUSHED)	Kg	30.00	/ 30.00	30.00	30.00		
27	DOUBLE ROTI (LOCAL)	400gm	100.00	/ 100.00	100.00	100.00		
28	DOUBLE ROTI DAWN/WONDER	360g.	110.00	/ 110.00	110.00	111.67		-1.49
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	17.00		-11.76
30	CHICKEN ALIVE (BROILER)	Kg.	400.00	/ 400.00	410.00	346.33	-2.44	15.50
31	CHICKEN MEAT(BROILER)	Kg	570.00	/ 570.00	600.00	512.33	-5.00	11.26
32	MUTTON	Kg	1800.00	/ 1800.00	1800.00	1800.00		
33	BEEF	Kg	1000.00	/ 1000.00	1000.00	850.00		17.65
34	EGGS (FARMI)	Dozen	300.00	/ 300.00	284.17	289.17	5.57	3.75
35	MILK	Litre	170.00	/ 180.00	175.00	160.00		9.38
36	MILK PACKED (HALEEB)	Litre	350.00	/ 350.00	315.00	260.00	11.11	34.62
37	CURD	Kg	200.00	/ 200.00	200.00	180.00		11.11
38	GARLIC	Kg	480.00	/ 500.00	525.00	493.33	-6.67	-0.68
39	GINGER	250gm	160.00	/ 170.00	165.00	271.67		-39.26

(2)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT BAHAWALPUR
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	100.00	/ 120.00	102.50	94.17	7.32	16.81
41	ONIONS	Kg	140.00	/ 150.00	135.00	80.00	7.41	81.25
42	SPINACH	Kg	60.00	/ 70.00	91.67	64.17	-29.09	1.30
43	TOMATOES	Kg	80.00	/ 90.00	145.00	121.67	-41.38	-30.14
44	BRINJAL	Kg	110.00	/ 120.00	201.67	136.67	-42.98	-15.85
45	BITTER GOURD	Kg	150.00	/ 160.00	170.00	144.17	-8.82	7.51
46	LADY FINGER	Kg	120.00	/ 130.00	217.50	125.00	-42.53	
47	TINDA	Kg	160.00	/ 180.00	252.50	250.00	-32.67	-32.00
48	GHIA KADDU	Kg	70.00	/ 80.00	243.33	156.67	-69.18	-52.13
49	ARVI	Kg	130.00	/ 140.00	220.00	147.50	-38.64	-8.47
50	GHIA TORRI	Kg.	100.00	/ 120.00	183.33	140.83	-40.00	-21.89
51	COCUMBER (KHEERA)	Kg.	120.00	/ 130.00	85.00	94.17	47.06	32.74
52	LEMON	Kg.	800.00	/ 800.00	529.17	155.00	51.18	416.13
53	KEROSENE OIL	Litre	320.00	/ 320.00	320.00	315.00		1.59
54	FIREWOOD	40Kg	1400.00	/ 1500.00	1450.00	1200.00		20.83
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	100.00		
56	LIFE BUOY	Cake	95.00	/ 95.00	95.00	95.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	135.00		-3.70
58	MATCHES 50 STICKS	Each	6.00	/ 7.00	6.50	7.00		-7.14
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	230.00	/ 230.00	230.00	220.00		4.55
61	APPLE SUPERIOR QUALITY	Kg.	240.00	/ 250.00	275.00	296.67	-10.91	-17.42
62	APPLE AVERAGE QUALITY	Kg.	160.00	/ 170.00	190.00	170.00	-13.16	-2.94
63	BANANA	Dozen	130.00	/ 140.00	141.67	135.00	-4.71	
64	DATES	Kg.	550.00	/ 550.00	550.00	550.00		
65	GUAVA	Kg.	160.00	/ 170.00	155.00	140.00	6.45	17.86
66	MILK POWDERED NIDO	400 gm	1050.00	/ 1050.00	830.00	820.00	26.51	28.05
67	COOKED BEEF PLATE	Plate	280.00	/ 280.00	280.00	270.00		3.70
68	WHEAT	Kg.	75.00	/ 75.00	75.00	120.00		-37.50
69	MUSTARED OIL	Kg.	480.00	/ 500.00	490.00	490.00		
70	TEA PREPARED (SADA)	Cup	60.00	/ 60.00	60.00	60.00		

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
BAHAWALPUR

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT D.G. KHAN

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	90.00	/ 90.00	90.00	134.50		-33.09
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	110.00	/ 110.00	110.00	139.50		-21.15
3	WHEAT ATTA (THAILA)	20Kg	1720.00	/ 1720.00	1720.00	2675.00		-35.70
4	MAIDA	kg	120.00	/ 120.00	127.50	165.00	-5.88	-27.27
5	RAWA/SUJI	Kg	120.00	/ 120.00	127.50	165.00	-5.88	-27.27
6	VEG. GHEE (LOOSE)	kg	455.00	/ 455.00	435.00	450.00	4.60	1.11
7	VEG. GHEE (TIN) DALDA	5Kg	2550.00	/ 2550.00	2550.00	2825.00		-9.73
8	COOKING OIL (TIN)PLANTA	5Kg.	2650.00	/ 2650.00	2650.00	2875.00		-7.83
9	VEG. GHEE (TIN)	16Kg.	7400.00	/ 7400.00	7000.00	7325.00	5.71	1.02
10	BAISAN (GROUND GRAM)	Kg	330.00	/ 340.00	325.00	245.00	3.08	36.73
11	RICE BASMATI	Kg	290.00	/ 300.00	310.00	367.50	-4.84	-19.73
12	BROKEN BASMATI	Kg	220.00	/ 230.00	245.00	255.00	-8.16	-11.76
13	RICE IRRI-6/IRRI-PAK	Kg	150.00	/ 160.00	155.00	165.00		-6.06
14	GRAM	Kg	340.00	/ 350.00	320.00	248.33	7.81	38.93
15	GRAM DAL	Kg	340.00	/ 350.00	320.00	255.00	7.81	35.29
16	MASOOR (WHOLE)	Kg	290.00	/ 300.00	310.00	325.00	-4.84	-9.23
17	MASOOR (DAL)	Kg	320.00	/ 330.00	335.00	345.00	-2.99	-5.80
18	MASH DAL (UNWASHED)	Kg	590.00	/ 600.00	575.00	555.00	3.48	7.21
19	MASH DAL (WASHED)	Kg	600.00	/ 610.00	625.00	575.00	-3.20	5.22
20	MOONG (WHOLE)	Kg	320.00	/ 330.00	305.00	275.00	6.56	18.18
21	MOONG DAL (UNWASHED)	Kg	300.00	/ 310.00	305.00	295.00		3.39
22	MOONG DAL (WASHED)	Kg	350.00	/ 360.00	335.00	315.00	5.97	12.70
23	CHILLIES (GROUND)	250gm	180.00	/ 190.00	190.00	190.00	-2.63	-2.63
24	SUGAR WHITE	Kg	145.00	/ 145.00	145.00	158.33		-8.42
25	GUR	Kg	200.00	/ 200.00	200.00	265.00		-24.53
26	ROCK SALT (CRUSHED)	Kg	30.00	/ 30.00	30.00	22.50		33.33
27	DOUBLE ROTI (LOCAL)	400gm	120.00	/ 120.00	120.00	110.00		9.09
28	DOUBLE ROTI DAWN/WONDER	360g.	120.00	/ 120.00	120.00	110.00		9.09
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	15.00		
30	CHICKEN ALIVE (BROILER)	Kg.	390.00	/ 400.00	395.00	335.83		17.62
31	CHICKEN MEAT(BROILER)	Kg	580.00	/ 600.00	595.00	489.17	-0.84	20.61
32	MUTTON	Kg	1800.00	/ 1800.00	1800.00	1600.00		12.50
33	BEEF	Kg	900.00	/ 900.00	900.00	775.00		16.13
34	EGGS (FARMI)	Dozen	280.00	/ 280.00	283.33	290.00	-1.18	-3.45
35	MILK	Litre	180.00	/ 180.00	180.00	160.00		12.50
36	MILK PACKED (HALEEB)	Litre	350.00	/ 350.00	300.00	260.00	16.67	34.62
37	CURD	Kg	240.00	/ 240.00	240.00	195.00		23.08
38	GARLIC	Kg	560.00	/ 570.00	565.00	538.33		4.95
39	GINGER	250gm	180.00	/ 190.00	185.00	247.50		-25.25

(4)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT D.G. KHAN
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	110.00	/ 120.00	111.67	102.50	2.99	12.20
41	ONIONS	Kg	140.00	/ 150.00	125.00	73.33	16.00	97.73
42	SPINACH	Kg	60.00	/ 70.00	70.00	45.00	-7.14	44.44
43	TOMATOES	Kg	140.00	/ 150.00	125.00	122.50	16.00	18.37
44	BRINJAL	Kg	80.00	/ 90.00	160.00	91.67	-46.88	-7.27
45	BITTER GOURD	Kg	130.00	/ 140.00	161.67	121.67	-16.49	10.96
46	LADY FINGER	Kg	140.00	/ 150.00	221.67	133.33	-34.59	8.75
47	TINDA	Kg	160.00	/ 170.00	146.67	118.33	12.50	39.44
48	GHIA KADDU	Kg	70.00	/ 80.00	175.00	75.00	-57.14	
49	ARVI	Kg	140.00	/ 150.00	175.83	114.17	-17.54	27.01
50	GHIA TORRI	Kg.	90.00	/ 100.00	126.67	76.67	-25.00	23.91
51	COCUMBER (KHEERA)	Kg.	140.00	/ 150.00	145.00	131.67		10.13
52	LEMON	Kg.	600.00	/ 620.00	590.00	185.00	3.39	229.73
53	KEROSENE OIL	Litre	300.00	/ 300.00	300.00	305.00		-1.64
54	FIREWOOD	40Kg	1300.00	/ 1300.00	1300.00	1025.00		26.83
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	100.00		
56	LIFE BUOY	Cake	95.00	/ 95.00	95.00	95.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	130.00		
58	MATCHES 50 STICKS	Each	7.00	/ 7.00	7.00	6.00		16.67
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	220.00	/ 220.00	220.00	220.00		
61	APPLE SUPERIOR QUALITY	Kg.	250.00	/ 260.00	255.00	245.00		4.08
62	APPLE AVERAGE QUALITY	Kg.	200.00	/ 200.00	200.00	165.00		21.21
63	BANANA	Dozen	140.00	/ 150.00	145.00	145.00		
64	DATES	Kg.	450.00	/ 450.00	486.67	675.00	-7.53	-33.33
65	GUAVA	Kg.	200.00	/ 200.00	200.00	168.33		18.81
66	MILK POWDERED NIDO	400 gm	1050.00	/ 1050.00	820.00	730.00	28.05	43.84
67	COOKED BEEF PLATE	Plate	300.00	/ 300.00	300.00	250.00		20.00
68	WHEAT	Kg.	85.00	/ 85.00	85.00	117.00		-27.35
69	MUSTARED OIL	Kg.	500.00	/ 500.00	516.67	590.00	-3.23	-15.25
70	TEA PREPARED (SADA)	Cup	70.00	/ 70.00	70.00	60.00		16.67

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
D.G. KHAN

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT FAISALABAD

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	90.00	/ 100.00	95.00	142.50		-33.33
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	90.00	/ 100.00	110.00	160.00	-13.64	-40.63
3	WHEAT ATTA (THAILA)	20Kg	1800.00	/ 1900.00	1800.00	2560.00	2.78	-27.73
4	MAIDA	kg	130.00	/ 140.00	145.00	175.00	-6.90	-22.86
5	RAWA/SUJI	Kg	130.00	/ 140.00	145.00	175.00	-6.90	-22.86
6	VEG. GHEE (LOOSE)	kg	470.00	/ 475.00	472.50	495.00		-4.55
7	VEG. GHEE (TIN) DALDA	5Kg	2490.00	/ 2490.00	2490.00	2710.00		-8.12
8	COOKING OIL (TIN)PLANTA	5Kg.	2650.00	/ 2650.00	2650.00	3145.00		-15.74
9	VEG. GHEE (TIN)	16Kg.	7520.00	/ 7850.00	7685.00	8115.00		-5.30
10	BAISAN (GROUND GRAM)	Kg	380.00	/ 400.00	305.00	255.00	27.87	52.94
11	RICE BASMATI	Kg	290.00	/ 320.00	325.00	325.00	-6.15	-6.15
12	BROKEN BASMATI	Kg	200.00	/ 210.00	210.00	235.00	-2.38	-12.77
13	RICE IRRI-6/IRRI-PAK	Kg	180.00	/ 180.00	185.00	208.33	-2.70	-13.60
14	GRAM	Kg	350.00	/ 360.00	280.83	245.00	26.41	44.90
15	GRAM DAL	Kg	370.00	/ 380.00	307.50	255.00	21.95	47.06
16	MASOOR (WHOLE)	Kg	280.00	/ 290.00	325.00	320.00	-12.31	-10.94
17	MASOOR (DAL)	Kg	290.00	/ 300.00	305.00	330.00	-3.28	-10.61
18	MASH DAL (UNWASHED)	Kg	500.00	/ 520.00	570.00	485.00	-10.53	5.15
19	MASH DAL (WASHED)	Kg	550.00	/ 570.00	635.00	528.33	-11.81	5.99
20	MOONG (WHOLE)	Kg	300.00	/ 310.00	280.00	253.33	8.93	20.39
21	MOONG DAL (UNWASHED)	Kg	310.00	/ 320.00	280.00	258.33	12.50	21.94
22	MOONG DAL (WASHED)	Kg	340.00	/ 350.00	325.00	275.00	6.15	25.45
23	CHILLIES (GROUND)	250gm	170.00	/ 180.00	175.00	205.00		-14.63
24	SUGAR WHITE	Kg	145.00	/ 150.00	145.00	162.50	1.72	-9.23
25	GUR	Kg	200.00	/ 220.00	210.00	230.00		-8.70
26	ROCK SALT (CRUSHED)	Kg	60.00	/ 60.00	60.00	40.00		50.00
27	DOUBLE ROTI (LOCAL)	400gm	110.00	/ 110.00	110.00	100.00		10.00
28	DOUBLE ROTI DAWN/WONDER	360g.	120.00	/ 120.00	120.00	110.00		9.09
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	20.00		-25.00
30	CHICKEN ALIVE (BROILER)	Kg.	395.00	/ 410.00	405.00	348.50	-0.62	15.49
31	CHICKEN MEAT(BROILER)	Kg	590.00	/ 600.00	605.00	528.58	-1.65	12.57
32	MUTTON	Kg	1800.00	/ 2000.00	1900.00	1650.00		15.15
33	BEEF	Kg	850.00	/ 900.00	875.00	775.00		12.90
34	EGGS (FARMI)	Dozen	310.00	/ 320.00	283.33	291.67	11.18	8.00
35	MILK	Litre	190.00	/ 200.00	195.00	185.00		5.41
36	MILK PACKED (HALEEB)	Litre	350.00	/ 360.00	292.50	260.00	21.37	36.54
37	CURD	Kg	230.00	/ 230.00	230.00	200.00		15.00
38	GARLIC	Kg	500.00	/ 550.00	431.67	456.67	21.62	14.96
39	GINGER	250gm	150.00	/ 160.00	171.67	287.50	-9.71	-46.09

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT FAISALABAD

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	90.00	/ 100.00	101.67	95.00	-6.56	
41	ONIONS	Kg	150.00	/ 160.00	141.67	75.00	9.41	106.67
42	SPINACH	Kg	80.00	/ 90.00	118.33	67.50	-28.17	25.93
43	TOMATOES	Kg	100.00	/ 110.00	138.33	96.67	-24.10	8.62
44	BRINJAL	Kg	60.00	/ 70.00	260.00	78.33	-75.00	-17.02
45	BITTER GOURD	Kg	200.00	/ 260.00	219.17	141.67	4.94	62.35
46	LADY FINGER	Kg	100.00	/ 120.00	201.67	103.33	-45.45	6.45
47	TINDA	Kg	250.00	/ 260.00	263.33	232.50	-3.16	9.68
48	GHIA KADDU	Kg	60.00	/ 70.00	184.17	92.50	-64.71	-29.73
49	ARVI	Kg	150.00	/ 160.00	175.83	135.00	-11.85	14.81
50	GHIA TORRI	Kg.	120.00	/ 130.00	134.17	98.33	-6.83	27.12
51	COCUMBER (KHEERA)	Kg.	150.00	/ 160.00	123.33	111.67	25.68	38.81
52	LEMON	Kg.	620.00	/ 650.00	431.67	150.00	47.10	323.33
53	KEROSENE OIL	Litre	310.00	/ 310.00	310.00	323.75		-4.25
54	FIREWOOD	40Kg	900.00	/ 1000.00	950.00	875.00		8.57
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	80.00		25.00
56	LIFE BUOY	Cake	115.00	/ 115.00	115.00	115.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	127.50		1.96
58	MATCHES 50 STICKS	Each	6.00	/ 6.00	6.00	6.00		
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	240.00	/ 240.00	240.00	220.00		9.09
61	APPLE SUPERIOR QUALITY	Kg.	180.00	/ 200.00	235.00	195.00	-19.15	-2.56
62	APPLE AVERAGE QUALITY	Kg.	130.00	/ 150.00	135.00	125.00	3.70	12.00
63	BANANA	Dozen	100.00	/ 120.00	135.00	125.00	-18.52	-12.00
64	DATES	Kg.	450.00	/ 550.00	475.00	580.00	5.26	-13.79
65	GUAVA	Kg.	130.00	/ 140.00	130.00	81.67	3.85	65.31
66	MILK POWDERED NIDO	400 gm	1050.00	/ 1100.00	837.50	710.00	28.36	51.41
67	COOKED BEEF PLATE	Plate	330.00	/ 350.00	340.00	225.00		51.11
68	WHEAT	Kg.	90.00	/ 100.00	95.00	130.00		-26.92
69	MUSTARED OIL	Kg.	500.00	/ 550.00	475.00	530.00	10.53	-0.94
70	TEA PREPARED (SADA)	Cup	60.00	/ 60.00	60.00	50.00		20.00

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
FAISALABAD

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT GUJRANWALA

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	90.00	/ 90.00	95.00	145.00	-5.26	-37.93
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	100.00	/ 100.00	100.00	150.00		-33.33
3	WHEAT ATTA (THAILA)	20Kg	1650.00	/ 1700.00	1722.50	2796.67	-2.76	-40.11
4	MAIDA	kg	120.00	/ 120.00	120.00	158.33		-24.21
5	RAWA/SUJI	Kg	120.00	/ 140.00	130.00	161.67		-19.59
6	VEG. GHEE (LOOSE)	kg	400.00	/ 400.00	400.00	485.00		-17.53
7	VEG. GHEE (TIN) DALDA	5Kg	2500.00	/ 2550.00	2525.00	2650.00		-4.72
8	COOKING OIL (TIN)PLANTA	5Kg.	2600.00	/ 2650.00	2625.00	2895.00		-9.33
9	VEG. GHEE (TIN)	16Kg.	6400.00	/ 6500.00	7230.00	7230.00	-10.79	-10.79
10	BAISAN (GROUND GRAM)	Kg	360.00	/ 380.00	320.00	230.00	15.63	60.87
11	RICE BASMATI	Kg	220.00	/ 230.00	270.83	310.00	-16.92	-27.42
12	BROKEN BASMATI	Kg	160.00	/ 180.00	182.50	260.00	-6.85	-34.62
13	RICE IRRI-6/IRRI-PAK	Kg	180.00	/ 180.00	180.00	180.00		
14	GRAM	Kg	380.00	/ 400.00	335.00	230.00	16.42	69.57
15	GRAM DAL	Kg	390.00	/ 400.00	335.00	240.00	17.91	64.58
16	MASOOR (WHOLE)	Kg	290.00	/ 320.00	315.00	300.00	-3.17	1.67
17	MASOOR (DAL)	Kg	320.00	/ 320.00	320.00	310.00		3.23
18	MASH DAL (UNWASHED)	Kg	560.00	/ 580.00	570.00	566.67		0.59
19	MASH DAL (WASHED)	Kg	580.00	/ 600.00	590.00	581.67		1.43
20	MOONG (WHOLE)	Kg	300.00	/ 300.00	300.00	265.00		13.21
21	MOONG DAL (UNWASHED)	Kg	320.00	/ 320.00	320.00	295.00		8.47
22	MOONG DAL (WASHED)	Kg	340.00	/ 360.00	350.00	290.00		20.69
23	CHILLIES (GROUND)	250gm	160.00	/ 180.00	170.00	175.00		-2.86
24	SUGAR WHITE	Kg	145.00	/ 145.00	150.00	170.83	-3.33	-15.12
25	GUR	Kg	220.00	/ 240.00	230.00	235.00		-2.13
26	ROCK SALT (CRUSHED)	Kg	20.00	/ 30.00	25.00	25.00		
27	DOUBLE ROTI (LOCAL)	400gm	110.00	/ 110.00	110.00	120.00		-8.33
28	DOUBLE ROTI DAWN/WONDER	360g.	100.00	/ 110.00	105.00	113.33		-7.35
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	20.00		-25.00
30	CHICKEN ALIVE (BROILER)	Kg.	433.00	/ 433.00	419.00	357.00	3.34	21.29
31	CHICKEN MEAT(BROILER)	Kg	650.00	/ 650.00	628.67	535.50	3.39	21.38
32	MUTTON	Kg	1800.00	/ 1800.00	1800.00	1733.33		3.85
33	BEEF	Kg	800.00	/ 850.00	825.00	775.00		6.45
34	EGGS (FARMI)	Dozen	300.00	/ 310.00	285.00	292.50	7.02	4.27
35	MILK	Litre	200.00	/ 200.00	200.00	186.67		7.14
36	MILK PACKED (HALEEB)	Litre	350.00	/ 350.00	310.00	260.00	12.90	34.62
37	CURD	Kg	220.00	/ 220.00	220.00	200.00		10.00
38	GARLIC	Kg	550.00	/ 600.00	515.00	563.33	11.65	2.07
39	GINGER	250gm	150.00	/ 170.00	175.00	321.67	-8.57	-50.26

(8)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT GUJRANWALA
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	90.00	/ 100.00	110.00	90.83	-13.64	4.59
41	ONIONS	Kg	150.00	/ 160.00	145.00	90.00	6.90	72.22
42	SPINACH	Kg	90.00	/ 120.00	99.17	79.17	5.88	32.63
43	TOMATOES	Kg	120.00	/ 130.00	161.67	112.50	-22.68	11.11
44	BRINJAL	Kg	80.00	/ 120.00	247.50	103.33	-59.60	-3.23
45	BITTER GOURD	Kg	170.00	/ 180.00	183.33	147.50	-4.55	18.64
46	LADY FINGER	Kg	90.00	/ 100.00	201.67	113.33	-52.89	-16.18
47	TINDA	Kg	210.00	/ 220.00	260.83	240.00	-17.57	-10.42
48	GHIA KADDU	Kg	80.00	/ 100.00	249.17	115.00	-63.88	-21.74
49	ARVI	Kg	180.00	/ 220.00	203.33	165.00	-1.64	21.21
50	GHIA TORRI	Kg.	100.00	/ 140.00	162.50	100.00	-26.15	20.00
51	COCUMBER (KHEERA)	Kg.	160.00	/ 180.00	110.00	125.00	54.55	36.00
52	LEMON	Kg.	1100.00	/ 1150.00	566.67	168.33	98.53	568.32
53	KEROSENE OIL	Litre	300.00	/ 300.00	300.00	335.00		-10.45
54	FIREWOOD	40Kg	1300.00	/ 1500.00	1400.00	1350.00		3.70
55	ELECTRIC BULB 100 W	Each	90.00	/ 100.00	95.00	80.00		18.75
56	LIFE BUOY	Cake	95.00	/ 95.00	95.00	95.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	125.00		4.00
58	MATCHES 50 STICKS	Each	7.00	/ 7.00	7.00	7.00		
59	TEA (YELLOW LABLE)	190gm	543.00	/ 543.00	543.00	500.00		8.60
60	CIGARETTES(CAPSTAN)20 CGS	Packet	240.00	/ 240.00	240.00	220.00		9.09
61	APPLE SUPERIOR QUALITY	Kg.	250.00	/ 250.00	412.50	310.00	-39.39	-19.35
62	APPLE AVERAGE QUALITY	Kg.	180.00	/ 200.00	275.83	190.00	-31.12	
63	BANANA	Dozen	100.00	/ 100.00	110.00	126.67	-9.09	-21.05
64	DATES	Kg.	500.00	/ 500.00	500.00	625.00		-20.00
65	GUAVA	Kg.	170.00	/ 200.00	230.83	171.67	-19.86	7.77
66	MILK POWDERED NIDO	400 gm	1050.00	/ 1050.00	920.00	800.00	14.13	31.25
67	COOKED BEEF PLATE	Plate	400.00	/ 400.00	400.00	290.00		37.93
68	WHEAT	Kg.	83.00	/ 83.00	83.00	120.00		-30.83
69	MUSTARED OIL	Kg.	600.00	/ 600.00	600.00	635.00		-5.51
70	TEA PREPARED (SADA)	Cup	60.00	/ 60.00	60.00	50.00		20.00

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
GUJRANWALA

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT LAHORE

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	100.00	/ 100.00	100.00	155.00		-35.48
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	120.00	/ 120.00	124.17	165.00	-3.36	-27.27
3	WHEAT ATTA (THAILA)	20Kg	1730.00	/ 1730.00	1720.00	2825.00	0.58	-38.76
4	MAIDA	kg	160.00	/ 170.00	165.00	200.00		-17.50
5	RAWA/SUJI	Kg	160.00	/ 170.00	170.00	200.00	-2.94	-17.50
6	VEG. GHEE (LOOSE)	kg	450.00	/ 460.00	470.00	475.00	-3.19	-4.21
7	VEG. GHEE (TIN) DALDA	5Kg	2500.00	/ 2550.00	2525.00	2775.00		-9.01
8	COOKING OIL (TIN)PLANTA	5Kg.	2600.00	/ 2600.00	2600.00	2975.00		-12.61
9	VEG. GHEE (TIN)	16Kg.	7000.00	/ 7450.00	7225.00	7600.00		-4.93
10	BAISAN (GROUND GRAM)	Kg	350.00	/ 380.00	340.00	275.00	7.35	32.73
11	RICE BASMATI	Kg	340.00	/ 350.00	367.50	360.00	-6.12	-4.17
12	BROKEN BASMATI	Kg	250.00	/ 250.00	260.00	260.00	-3.85	-3.85
13	RICE IRRI-6/IRRI-PAK	Kg	200.00	/ 220.00	210.00	225.00		-6.67
14	GRAM	Kg	350.00	/ 380.00	310.00	255.00	17.74	43.14
15	GRAM DAL	Kg	380.00	/ 400.00	345.00	265.00	13.04	47.17
16	MASOOR (WHOLE)	Kg	320.00	/ 340.00	330.00	290.00		13.79
17	MASOOR (DAL)	Kg	340.00	/ 360.00	350.00	315.00		11.11
18	MASH DAL (UNWASHED)	Kg	560.00	/ 580.00	590.00	543.33	-3.39	4.91
19	MASH DAL (WASHED)	Kg	600.00	/ 600.00	625.00	569.17	-4.00	5.42
20	MOONG (WHOLE)	Kg	320.00	/ 320.00	320.00	275.00		16.36
21	MOONG DAL (UNWASHED)	Kg	330.00	/ 330.00	330.00	280.00		17.86
22	MOONG DAL (WASHED)	Kg	340.00	/ 360.00	350.00	300.00		16.67
23	CHILLIES (GROUND)	250gm	190.00	/ 230.00	210.00	210.00		
24	SUGAR WHITE	Kg	150.00	/ 150.00	150.00	162.50		-7.69
25	GUR	Kg	240.00	/ 240.00	240.00	225.00		6.67
26	ROCK SALT (CRUSHED)	Kg	60.00	/ 60.00	60.00	40.00		50.00
27	DOUBLE ROTI (LOCAL)	400gm	100.00	/ 110.00	105.00	111.67		-5.97
28	DOUBLE ROTI DAWN/WONDER	360g.	110.00	/ 120.00	115.00	120.00		-4.17
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	20.00		-25.00
30	CHICKEN ALIVE (BROILER)	Kg.	411.00	/ 411.00	409.50	340.17	0.37	20.82
31	CHICKEN MEAT(BROILER)	Kg	595.00	/ 595.00	593.33	526.92	0.28	12.92
32	MUTTON	Kg	2000.00	/ 2100.00	2050.00	1850.00		10.81
33	BEEF	Kg	900.00	/ 1000.00	950.00	825.00		15.15
34	EGGS (FARMI)	Dozen	306.00	/ 306.00	292.67	287.33	4.56	6.50
35	MILK	Litre	100.00	/ 100.00	205.00	185.00	-51.22	-45.95
36	MILK PACKED (HALEEB)	Litre	360.00	/ 370.00	365.00	263.33		38.61
37	CURD	Kg	240.00	/ 240.00	240.00	220.00		9.09
38	GARLIC	Kg	550.00	/ 600.00	513.33	498.33	12.01	15.38
39	GINGER	250gm	170.00	/ 180.00	190.00	287.50	-7.89	-39.13

(10)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT LAHORE
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	90.00	/ 100.00	106.67	93.33	-10.94	1.79
41	ONIONS	Kg	140.00	/ 160.00	135.83	77.50	10.43	93.55
42	SPINACH	Kg	80.00	/ 100.00	95.00	66.67	-5.26	35.00
43	TOMATOES	Kg	100.00	/ 120.00	146.67	115.00	-25.00	-4.35
44	BRINJAL	Kg	90.00	/ 100.00	255.00	125.00	-62.75	-24.00
45	BITTER GOURD	Kg	160.00	/ 180.00	175.00	150.00	-2.86	13.33
46	LADY FINGER	Kg	100.00	/ 120.00	209.17	140.00	-47.41	-21.43
47	TINDA	Kg	240.00	/ 250.00	235.00	225.00	4.26	8.89
48	GHIA KADDU	Kg	80.00	/ 100.00	235.83	110.00	-61.84	-18.18
49	ARVI	Kg	160.00	/ 180.00	189.17	170.00	-10.13	
50	GHIA TORRI	Kg.	100.00	/ 130.00	165.00	110.00	-30.30	4.55
51	COCUMBER (KHEERA)	Kg.	140.00	/ 150.00	105.00	116.67	38.10	24.29
52	LEMON	Kg.	500.00	/ 600.00	516.67	190.00	6.45	189.47
53	KEROSENE OIL	Litre	302.00	/ 302.00	302.00	330.42		-8.60
54	FIREWOOD	40Kg	1500.00	/ 1500.00	1600.00	1400.00	-6.25	7.14
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	95.00		5.26
56	LIFE BUOY	Cake	115.00	/ 115.00	115.00	95.00		21.05
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	132.50		-1.89
58	MATCHES 50 STICKS	Each	6.00	/ 6.00	6.00	6.50		-7.69
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	230.00	/ 230.00	230.00	220.00		4.55
61	APPLE SUPERIOR QUALITY	Kg.	250.00	/ 270.00	255.00	230.00	1.96	13.04
62	APPLE AVERAGE QUALITY	Kg.	150.00	/ 180.00	140.00	129.17	17.86	27.74
63	BANANA	Dozen	120.00	/ 130.00	125.00	110.00		13.64
64	DATES	Kg.	550.00	/ 600.00	575.00	575.00		
65	GUAVA	Kg.	160.00	/ 180.00	170.00	129.17		31.61
66	MILK POWDERED NIDO	400 gm	1050.00	/ 1050.00	1050.00	810.00		29.63
67	COOKED BEEF PLATE	Plate	350.00	/ 400.00	375.00	290.00		29.31
68	WHEAT	Kg.	93.00	/ 94.00	92.50	137.50	1.08	-32.00
69	MUSTARED OIL	Kg.	600.00	/ 640.00	603.33	590.00	2.76	5.08
70	TEA PREPARED (SADA)	Cup	60.00	/ 70.00	65.00	55.00		18.18

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
LAHORE

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT MULTAN

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	90.00	/ 90.00	95.00	138.17	-5.26	-34.86
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	100.00	/ 100.00	100.00	150.00		-33.33
3	WHEAT ATTA (THAILA)	20Kg	1700.00	/ 1700.00	1780.00	2700.00	-4.49	-37.04
4	MAIDA	kg	140.00	/ 140.00	140.00	170.00		-17.65
5	RAWA/SUJI	Kg	140.00	/ 140.00	140.00	170.00		-17.65
6	VEG. GHEE (LOOSE)	kg	440.00	/ 450.00	460.00	470.00	-3.26	-5.32
7	VEG. GHEE (TIN) DALDA	5Kg	2600.00	/ 2600.00	2550.00	2775.00	1.96	-6.31
8	COOKING OIL (TIN)PLANTA	5Kg.	2700.00	/ 2700.00	2650.00	2975.00	1.89	-9.24
9	VEG. GHEE (TIN)	16Kg.	7150.00	/ 7150.00	7200.00	7555.00	-0.69	-5.36
10	BAISAN (GROUND GRAM)	Kg	430.00	/ 440.00	366.67	280.00	18.64	55.36
11	RICE BASMATI	Kg	340.00	/ 340.00	320.00	380.00	6.25	-10.53
12	BROKEN BASMATI	Kg	250.00	/ 280.00	265.00	280.00		-5.36
13	RICE IRRI-6/IRRI-PAK	Kg	160.00	/ 160.00	160.00	180.00		-11.11
14	GRAM	Kg	370.00	/ 370.00	310.00	268.33	19.35	37.89
15	GRAM DAL	Kg	400.00	/ 400.00	350.00	280.00	14.29	42.86
16	MASOOR (WHOLE)	Kg	300.00	/ 310.00	345.00	330.00	-11.59	-7.58
17	MASOOR (DAL)	Kg	320.00	/ 320.00	350.00	323.33	-8.57	-1.03
18	MASH DAL (UNWASHED)	Kg	580.00	/ 580.00	580.00	557.50		4.04
19	MASH DAL (WASHED)	Kg	600.00	/ 600.00	600.00	548.33		9.42
20	MOONG (WHOLE)	Kg	320.00	/ 330.00	325.00	280.00		16.07
21	MOONG DAL (UNWASHED)	Kg	350.00	/ 350.00	345.00	300.00	1.45	16.67
22	MOONG DAL (WASHED)	Kg	360.00	/ 360.00	360.00	300.00		20.00
23	CHILLIES (GROUND)	250gm	180.00	/ 200.00	190.00	200.00		-5.00
24	SUGAR WHITE	Kg	150.00	/ 150.00	150.00	168.33		-10.89
25	GUR	Kg	240.00	/ 240.00	210.00	280.00	14.29	-14.29
26	ROCK SALT (CRUSHED)	Kg	30.00	/ 30.00	30.00	30.00		
27	DOUBLE ROTI (LOCAL)	400gm	110.00	/ 110.00	110.00	110.00		
28	DOUBLE ROTI DAWN/WONDER	360g.	110.00	/ 110.00	110.00	110.00		
29	TANORI ROTI	117gm	20.00	/ 20.00	20.00	20.00		
30	CHICKEN ALIVE (BROILER)	Kg.	470.00	/ 480.00	485.83	352.50	-2.23	34.75
31	CHICKEN MEAT(BROILER)	Kg	560.00	/ 570.00	584.17	477.50	-3.28	18.32
32	MUTTON	Kg	1800.00	/ 1800.00	1800.00	1800.00		
33	BEEF	Kg	900.00	/ 900.00	900.00	800.00		12.50
34	EGGS (FARMI)	Dozen	290.00	/ 290.00	293.33	288.33	-1.14	0.58
35	MILK	Litre	160.00	/ 180.00	170.00	170.00		
36	MILK PACKED (HALEEB)	Litre	360.00	/ 360.00	340.00	270.00	5.88	33.33
37	CURD	Kg	220.00	/ 230.00	225.00	215.00		4.65
38	GARLIC	Kg	530.00	/ 540.00	556.67	505.83	-3.89	5.77
39	GINGER	250gm	150.00	/ 180.00	170.83	251.67	-3.41	-34.44

(12)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT MULTAN
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	110.00	/ 120.00	120.00	100.00	-4.17	15.00
41	ONIONS	Kg	140.00	/ 150.00	135.83	78.33	6.75	85.11
42	SPINACH	Kg	60.00	/ 80.00	70.83	52.50	-1.18	33.33
43	TOMATOES	Kg	120.00	/ 120.00	120.00	110.00		9.09
44	BRINJAL	Kg	80.00	/ 80.00	252.50	106.67	-68.32	-25.00
45	BITTER GOURD	Kg	150.00	/ 160.00	190.00	124.17	-18.42	24.83
46	LADY FINGER	Kg	80.00	/ 100.00	290.83	115.00	-69.05	-21.74
47	TINDA	Kg	200.00	/ 240.00	310.00	240.00	-29.03	-8.33
48	GHIA KADDU	Kg	100.00	/ 120.00	256.67	116.67	-57.14	-5.71
49	ARVI	Kg	160.00	/ 160.00	193.33	133.33	-17.24	20.00
50	GHIA TORRI	Kg.	70.00	/ 80.00	146.67	105.00	-48.86	-28.57
51	COCUMBER (KHEERA)	Kg.	180.00	/ 200.00	135.00	100.00	40.74	90.00
52	LEMON	Kg.	800.00	/ 800.00	580.00	180.00	37.93	344.44
53	KEROSENE OIL	Litre	280.00	/ 280.00	300.00	318.33	-6.67	-12.04
54	FIREWOOD	40Kg	1500.00	/ 1500.00	1500.00	1300.00		15.38
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	100.00		
56	LIFE BUOY	Cake	95.00	/ 95.00	95.00	95.00		
57	WASHING SOAP (SUFU)	Cake	125.00	/ 125.00	125.00	130.00		-3.85
58	MATCHES 50 STICKS	Each	6.00	/ 6.00	6.00	6.00		
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	220.00	/ 220.00	220.00	220.00		
61	APPLE SUPERIOR QUALITY	Kg.	280.00	/ 300.00	335.00	271.67	-13.43	6.75
62	APPLE AVERAGE QUALITY	Kg.	140.00	/ 170.00	223.33	179.17	-30.60	-13.49
63	BANANA	Dozen	130.00	/ 150.00	150.00	145.83	-6.67	-4.00
64	DATES	Kg.	550.00	/ 560.00	550.00	580.83	0.91	-4.45
65	GUAVA	Kg.	220.00	/ 240.00	210.00	157.50	9.52	46.03
66	MILK POWDERED NIDO	400 gm	1020.00	/ 1020.00	820.00	820.00	24.39	24.39
67	COOKED BEEF PLATE	Plate	300.00	/ 300.00	300.00	251.67		19.21
68	WHEAT	Kg.	78.00	/ 78.00	78.00	120.00		-35.00
69	MUSTARED OIL	Kg.	570.00	/ 580.00	490.00	533.33	17.35	7.81
70	TEA PREPARED (SADA)	Cup	60.00	/ 60.00	60.00	60.00		

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
MULTAN

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT RAWALPINDI

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	100.00	/ 110.00	105.00	155.00		-32.26
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	110.00	/ 120.00	115.00	165.00		-30.30
3	WHEAT ATTA (THAILA)	20Kg	1800.00	/ 1900.00	2000.00	2875.00	-7.50	-35.65
4	MAIDA	kg	130.00	/ 160.00	145.00	170.00		-14.71
5	RAWA/SUJI	Kg	140.00	/ 160.00	150.00	190.00		-21.05
6	VEG. GHEE (LOOSE)	kg	480.00	/ 500.00	456.67	475.00	7.30	3.16
7	VEG. GHEE (TIN) DALDA	5Kg	2400.00	/ 2560.00	2530.00	2772.50	-1.98	-10.55
8	COOKING OIL (TIN)PLANTA	5Kg.	2500.00	/ 2610.00	2620.00	2947.50	-2.48	-13.32
9	VEG. GHEE (TIN)	16Kg.	7400.00	/ 7400.00	7150.00	7925.00	3.50	-6.62
10	BAISAN (GROUND GRAM)	Kg	350.00	/ 400.00	305.00	240.00	22.95	56.25
11	RICE BASMATI	Kg	300.00	/ 320.00	310.00	360.00		-13.89
12	BROKEN BASMATI	Kg	220.00	/ 240.00	230.00	230.00		
13	RICE IRRI-6/IRRI-PAK	Kg	160.00	/ 200.00	180.00	200.00		-10.00
14	GRAM	Kg	360.00	/ 360.00	310.00	245.00	16.13	46.94
15	GRAM DAL	Kg	360.00	/ 380.00	311.67	240.00	18.72	54.17
16	MASOOR (WHOLE)	Kg	310.00	/ 360.00	302.50	320.00	10.74	4.69
17	MASOOR (DAL)	Kg	310.00	/ 360.00	307.50	320.00	8.94	4.69
18	MASH DAL (UNWASHED)	Kg	600.00	/ 630.00	580.00	525.00	6.03	17.14
19	MASH DAL (WASHED)	Kg	600.00	/ 640.00	585.00	525.00	5.98	18.10
20	MOONG (WHOLE)	Kg	320.00	/ 360.00	302.50	260.00	12.40	30.77
21	MOONG DAL (UNWASHED)	Kg	330.00	/ 360.00	317.50	260.00	8.66	32.69
22	MOONG DAL (WASHED)	Kg	310.00	/ 360.00	317.50	260.00	5.51	28.85
23	CHILLIES (GROUND)	250gm	200.00	/ 230.00	221.67	215.00	-3.01	
24	SUGAR WHITE	Kg	145.00	/ 150.00	147.50	165.00		-10.61
25	GUR	Kg	220.00	/ 230.00	225.00	230.00		-2.17
26	ROCK SALT (CRUSHED)	Kg	20.00	/ 30.00	25.00	25.00		
27	DOUBLE ROTI (LOCAL)	400gm	110.00	/ 110.00	110.00	110.00		
28	DOUBLE ROTI DAWN/WONDER	360g.	120.00	/ 120.00	120.00	115.00		4.35
29	TANORI ROTI	117gm	16.00	/ 20.00	18.00	20.00		-10.00
30	CHICKEN ALIVE (BROILER)	Kg.	445.00	/ 445.00	430.00	378.33	3.49	17.62
31	CHICKEN MEAT(BROILER)	Kg	730.00	/ 730.00	695.00	567.33	5.04	28.67
32	MUTTON	Kg	2000.00	/ 2200.00	2012.50	1900.00	4.35	10.53
33	BEEF	Kg	1000.00	/ 1000.00	975.00	950.00	2.56	5.26
34	EGGS (FARMI)	Dozen	320.00	/ 320.00	289.00	290.33	10.73	10.22
35	MILK	Litre	200.00	/ 200.00	210.00	200.00	-4.76	
36	MILK PACKED (HALEEB)	Litre	350.00	/ 360.00	352.50	260.00	0.71	36.54
37	CURD	Kg	220.00	/ 240.00	230.00	210.00		9.52
38	GARLIC	Kg	700.00	/ 800.00	682.50	519.17	9.89	44.46
39	GINGER	250gm	200.00	/ 220.00	196.67	295.83	6.78	-29.01

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT RAWALPINDI

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	120.00	/ 130.00	118.33	101.67	5.63	22.95
41	ONIONS	Kg	150.00	/ 160.00	163.33	95.83	-5.10	61.74
42	SPINACH	Kg	60.00	/ 70.00	70.00	59.17	-7.14	9.86
43	TOMATOES	Kg	100.00	/ 120.00	152.50	105.83	-27.87	3.94
44	BRINJAL	Kg	120.00	/ 150.00	237.50	107.50	-43.16	25.58
45	BITTER GOURD	Kg	140.00	/ 160.00	180.00	115.00	-16.67	30.43
46	LADY FINGER	Kg	100.00	/ 120.00	176.67	100.83	-37.74	9.09
47	TINDA	Kg	180.00	/ 200.00	181.67	127.50	4.59	49.02
48	GHIA KADDU	Kg	100.00	/ 150.00	207.50	115.00	-39.76	8.70
49	ARVI	Kg	180.00	/ 240.00	201.67	142.50	4.13	47.37
50	GHIA TORRI	Kg.	120.00	/ 140.00	154.17	101.67	-15.68	27.87
51	COCUMBER (KHEERA)	Kg.	160.00	/ 200.00	133.33	123.33	35.00	45.95
52	LEMON	Kg.	700.00	/ 800.00	695.00	226.83	7.91	230.64
53	KEROSENE OIL	Litre	330.00	/ 360.00	345.00	325.00		6.15
54	FIREWOOD	40Kg	800.00	/ 900.00	850.00	900.00		-5.56
55	ELECTRIC BULB 100 W	Each	90.00	/ 100.00	95.00	90.00		5.56
56	LIFE BUOY	Cake	95.00	/ 95.00	95.00	95.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	130.00		
58	MATCHES 50 STICKS	Each	5.00	/ 5.00	5.00	5.00		
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	220.00	/ 230.00	225.00	220.00		2.27
61	APPLE SUPERIOR QUALITY	Kg.	240.00	/ 250.00	387.50	345.00	-36.77	-28.99
62	APPLE AVERAGE QUALITY	Kg.	150.00	/ 160.00	189.17	200.00	-18.06	-22.50
63	BANANA	Dozen	120.00	/ 130.00	185.83	155.00	-32.74	-19.35
64	DATES	Kg.	650.00	/ 700.00	675.00	675.00		
65	GUAVA	Kg.	250.00	/ 270.00	252.50	155.83	2.97	66.84
66	MILK POWDERED NIDO	400 gm	980.00	/ 1020.00	925.00	830.00	8.11	20.48
67	COOKED BEEF PLATE	Plate	280.00	/ 280.00	280.00	290.00		-3.45
68	WHEAT	Kg.	100.00	/ 120.00	110.00	150.00		-26.67
69	MUSTARED OIL	Kg.	550.00	/ 600.00	575.00	590.00		-2.54
70	TEA PREPARED (SADA)	Cup	60.00	/ 60.00	60.00	55.00		9.09

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
RAWALPINDI

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT SARGODHA

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	80.00	/ 80.00	80.00	145.00		-44.83
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	100.00	/ 100.00	100.00	160.00		-37.50
3	WHEAT ATTA (THAILA)	20Kg	1600.00	/ 1600.00	1690.00	2680.00	-5.33	-40.30
4	MAIDA	kg	120.00	/ 120.00	120.00	190.00		-36.84
5	RAWA/SUJI	Kg	120.00	/ 120.00	120.00	190.00		-36.84
6	VEG. GHEE (LOOSE)	kg	395.00	/ 475.00	430.00	455.00	1.16	-4.40
7	VEG. GHEE (TIN) DALDA	5Kg	2550.00	/ 2550.00	2550.00	2950.00		-13.56
8	COOKING OIL (TIN)PLANTA	5Kg.	2650.00	/ 2650.00	2650.00	3050.00		-13.11
9	VEG. GHEE (TIN)	16Kg.	6320.00	/ 7600.00	6880.00	7233.33	1.16	-3.78
10	BAISAN (GROUND GRAM)	Kg	300.00	/ 320.00	310.00	290.00		6.90
11	RICE BASMATI	Kg	320.00	/ 360.00	340.00	340.00		
12	BROKEN BASMATI	Kg	230.00	/ 240.00	235.00	235.00		
13	RICE IRRI-6/IRRI-PAK	Kg	230.00	/ 240.00	235.00	235.00		
14	GRAM	Kg	320.00	/ 320.00	320.00	255.00		25.49
15	GRAM DAL	Kg	300.00	/ 300.00	300.00	250.00		20.00
16	MASOOR (WHOLE)	Kg	280.00	/ 320.00	300.00	290.00		3.45
17	MASOOR (DAL)	Kg	280.00	/ 280.00	280.00	300.00		-6.67
18	MASH DAL (UNWASHED)	Kg	520.00	/ 540.00	530.00	480.00		10.42
19	MASH DAL (WASHED)	Kg	580.00	/ 600.00	590.00	530.00		11.32
20	MOONG (WHOLE)	Kg	280.00	/ 280.00	280.00	260.00		7.69
21	MOONG DAL (UNWASHED)	Kg	280.00	/ 280.00	280.00	265.00		5.66
22	MOONG DAL (WASHED)	Kg	300.00	/ 320.00	310.00	275.00		12.73
23	CHILLIES (GROUND)	250gm	200.00	/ 220.00	210.00	215.00		-2.33
24	SUGAR WHITE	Kg	140.00	/ 140.00	140.00	154.17		-9.19
25	GUR	Kg	200.00	/ 220.00	210.00	200.00		5.00
26	ROCK SALT (CRUSHED)	Kg	20.00	/ 20.00	20.00	20.00		
27	DOUBLE ROTI (LOCAL)	400gm	100.00	/ 100.00	110.00	111.67	-9.09	-10.45
28	DOUBLE ROTI DAWN/WONDER	360g.	110.00	/ 110.00	110.00	111.67		-1.49
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	20.00		-25.00
30	CHICKEN ALIVE (BROILER)	Kg.	360.00	/ 370.00	385.00	392.50	-5.19	-7.01
31	CHICKEN MEAT(BROILER)	Kg	590.00	/ 600.00	595.00	517.50		14.98
32	MUTTON	Kg	2000.00	/ 2000.00	2000.00	1800.00		11.11
33	BEEF	Kg	900.00	/ 900.00	900.00	750.00		20.00
34	EGGS (FARMI)	Dozen	305.00	/ 305.00	290.17	283.83	5.11	7.46
35	MILK	Litre	150.00	/ 170.00	165.00	135.00	-3.03	18.52
36	MILK PACKED (HALEEB)	Litre	350.00	/ 350.00	291.67	250.00	20.00	40.00
37	CURD	Kg	200.00	/ 220.00	190.00	180.00	10.53	16.67
38	GARLIC	Kg	580.00	/ 600.00	600.00	488.33	-1.67	20.82
39	GINGER	250gm	160.00	/ 180.00	190.00	231.67	-10.53	-26.62

(16)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT SARGODHA
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	100.00	/ 120.00	110.00	95.00		15.79
41	ONIONS	Kg	120.00	/ 140.00	123.33	88.33	5.41	47.17
42	SPINACH	Kg	80.00	/ 80.00	96.67	76.67	-17.24	4.35
43	TOMATOES	Kg	120.00	/ 120.00	156.67	116.67	-23.40	2.86
44	BRINJAL	Kg	50.00	/ 60.00	216.67	80.00	-74.62	-31.25
45	BITTER GOURD	Kg	120.00	/ 140.00	149.17	87.50	-12.85	48.57
46	LADY FINGER	Kg	100.00	/ 100.00	196.67	92.50	-49.15	8.11
47	TINDA	Kg	260.00	/ 300.00	200.00	245.00	40.00	14.29
48	GHIA KADDU	Kg	50.00	/ 60.00	153.33	73.33	-64.13	-25.00
49	ARVI	Kg	160.00	/ 180.00	243.33	149.17	-30.14	13.97
50	GHIA TORRI	Kg.	70.00	/ 80.00	126.67	50.00	-40.79	50.00
51	COCUMBER (KHEERA)	Kg.	150.00	/ 160.00	110.00	140.00	40.91	10.71
52	LEMON	Kg.	600.00	/ 650.00	500.00	115.00	25.00	443.48
53	KEROSENE OIL	Litre	248.00	/ 248.00	305.00	305.00	-18.69	-18.69
54	FIREWOOD	40Kg	700.00	/ 750.00	725.00	675.00		7.41
55	ELECTRIC BULB 100 W	Each	100.00	/ 150.00	125.00	50.00		150.00
56	LIFE BUOY	Cake	100.00	/ 100.00	100.00	100.00		
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	130.00	140.00		-7.14
58	MATCHES 50 STICKS	Each	5.00	/ 7.00	6.00	6.00		
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	230.00	/ 230.00	230.00	220.00		4.55
61	APPLE SUPERIOR QUALITY	Kg.	300.00	/ 300.00	325.00	200.00	-7.69	50.00
62	APPLE AVERAGE QUALITY	Kg.	150.00	/ 150.00	157.50	150.00	-4.76	
63	BANANA	Dozen	100.00	/ 120.00	121.67	95.00	-9.59	15.79
64	DATES	Kg.	500.00	/ 500.00	500.00	625.00		-20.00
65	GUAVA	Kg.	180.00	/ 200.00	155.00	100.00	22.58	90.00
66	MILK POWDERED NIDO	400 gm	860.00	/ 860.00	860.00	740.00		16.22
67	COOKED BEEF PLATE	Plate	300.00	/ 350.00	325.00	325.00		
68	WHEAT	Kg.	75.00	/ 75.00	75.00	125.00		-40.00
69	MUSTARED OIL	Kg.	480.00	/ 480.00	480.00	500.00		-4.00
70	TEA PREPARED (SADA)	Cup	50.00	/ 60.00	55.00	55.00		

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
SARGODHA

RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT SAHIWAL

ON 21-09-2024

COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
1	WHEAT ATTA LOOSE(MILL)	Kg	100.00	/ 105.00	102.50	150.00		-31.67
2	WHEAT ATTA LOOSE(CHAKKI)	Kg.	105.00	/ 110.00	107.50	145.00		-25.86
3	WHEAT ATTA (THAILA)	20Kg	1600.00	/ 1600.00	1875.00	2800.00	-14.67	-42.86
4	MAIDA	kg	120.00	/ 125.00	122.50	175.00		-30.00
5	RAWA/SUJI	Kg	110.00	/ 120.00	115.00	175.00		-34.29
6	VEG. GHEE (LOOSE)	kg	400.00	/ 480.00	440.00	500.00		-12.00
7	VEG. GHEE (TIN) DALDA	5Kg	2650.00	/ 2650.00	2650.00	3077.50		-13.89
8	COOKING OIL (TIN)PLANTA	5Kg.	2650.00	/ 2660.00	2750.00	3227.50	-3.45	-17.74
9	VEG. GHEE (TIN)	16Kg.	6400.00	/ 6480.00	6640.00	6862.50	-3.01	-6.16
10	BAISAN (GROUND GRAM)	Kg	350.00	/ 360.00	290.00	245.00	22.41	44.90
11	RICE BASMATI	Kg	300.00	/ 320.00	330.00	360.00	-6.06	-13.89
12	BROKEN BASMATI	Kg	200.00	/ 220.00	225.00	260.00	-6.67	-19.23
13	RICE IRRI-6/IRRI-PAK	Kg	200.00	/ 220.00	210.00	220.00		-4.55
14	GRAM	Kg	350.00	/ 360.00	310.00	250.00	14.52	42.00
15	GRAM DAL	Kg	350.00	/ 360.00	310.00	255.00	14.52	39.22
16	MASOOR (WHOLE)	Kg	300.00	/ 320.00	310.00	285.00		8.77
17	MASOOR (DAL)	Kg	320.00	/ 320.00	320.00	310.00		3.23
18	MASH DAL (UNWASHED)	Kg	560.00	/ 570.00	610.00	540.00	-7.38	4.63
19	MASH DAL (WASHED)	Kg	560.00	/ 570.00	610.00	540.00	-7.38	4.63
20	MOONG (WHOLE)	Kg	300.00	/ 320.00	310.00	255.00		21.57
21	MOONG DAL (UNWASHED)	Kg	320.00	/ 340.00	330.00	285.00		15.79
22	MOONG DAL (WASHED)	Kg	320.00	/ 340.00	330.00	310.00		6.45
23	CHILLIES (GROUND)	250gm	170.00	/ 180.00	175.00	175.00		
24	SUGAR WHITE	Kg	140.00	/ 145.00	142.50	164.17		-13.20
25	GUR	Kg	240.00	/ 250.00	245.00	245.00		
26	ROCK SALT (CRUSHED)	Kg	30.00	/ 30.00	30.00	20.00		50.00
27	DOUBLE ROTI (LOCAL)	400gm	95.00	/ 100.00	97.50	110.00		-11.36
28	DOUBLE ROTI DAWN/WONDER	360g.	110.00	/ 110.00	110.00	113.33		-2.94
29	TANORI ROTI	117gm	15.00	/ 15.00	15.00	20.00		-25.00
30	CHICKEN ALIVE (BROILER)	Kg.	410.00	/ 415.00	410.17	354.67	0.57	16.31
31	CHICKEN MEAT(BROILER)	Kg	598.00	/ 600.00	596.00	530.42	0.50	12.93
32	MUTTON	Kg	1700.00	/ 1800.00	1750.00	1350.00		29.63
33	BEEF	Kg	750.00	/ 800.00	825.00	675.00	-6.06	14.81
34	EGGS (FARMI)	Dozen	306.00	/ 306.00	290.67	287.33	5.28	6.50
35	MILK	Litre	150.00	/ 160.00	152.50	165.00	1.64	-6.06
36	MILK PACKED (HALEEB)	Litre	350.00	/ 350.00	350.00	260.00		34.62
37	CURD	Kg	180.00	/ 200.00	175.00	175.00	8.57	8.57
38	GARLIC	Kg	600.00	/ 650.00	626.67	503.33	-0.27	24.17
39	GINGER	250gm	160.00	/ 170.00	198.33	260.00	-16.81	-36.54

(18)
RETAIL PRICE OF 70 ESSENTIAL ARTICLES AT SAHIWAL
ON 21-09-2024
COMPARED WITH 3rd WEEK August OF 2024 , AND 3rd WEEK OF September, 2023

SR NO.	Articles (Average Quality)	Unit	Retail Price on 21-09-2024		weekly average of (Min+ Max) Retail Prices		% change on Av. Price (Min+ Max) Date Over	
					3rd week of		3rd week of	
					August 2024	September 2023	August 2024	September 2023
40	POTATOES	Kg	90.00	/ 100.00	110.00	85.00	-13.64	11.76
41	ONIONS	Kg	160.00	/ 180.00	155.00	85.00	9.68	100.00
42	SPINACH	Kg	60.00	/ 70.00	75.00	55.00	-13.33	18.18
43	TOMATOES	Kg	150.00	/ 160.00	185.83	112.50	-16.59	37.78
44	BRINJAL	Kg	90.00	/ 100.00	316.67	98.33	-70.00	-3.39
45	BITTER GOURD	Kg	200.00	/ 220.00	210.00	116.67		80.00
46	LADY FINGER	Kg	120.00	/ 140.00	241.67	111.67	-46.21	16.42
47	TINDA	Kg	200.00	/ 220.00	270.00	150.83	-22.22	39.23
48	GHIA KADDU	Kg	40.00	/ 50.00	276.67	110.00	-83.73	-59.09
49	ARVI	Kg	160.00	/ 180.00	196.67	144.17	-13.56	17.92
50	GHIA TORRI	Kg.	150.00	/ 160.00	182.50	137.50	-15.07	12.73
51	COCUMBER (KHEERA)	Kg.	150.00	/ 160.00	142.50	116.67	8.77	32.86
52	LEMON	Kg.	900.00	/ 1000.00	598.33	221.67	58.77	328.57
53	KEROSENE OIL	Litre	280.00	/ 290.00	285.00	345.00		-17.39
54	FIREWOOD	40Kg	900.00	/ 950.00	925.00	991.67		-6.72
55	ELECTRIC BULB 100 W	Each	100.00	/ 100.00	100.00	80.00		25.00
56	LIFE BUOY	Cake	110.00	/ 110.00	100.00	95.00	10.00	15.79
57	WASHING SOAP (SUFU)	Cake	130.00	/ 130.00	127.50	125.00	1.96	4.00
58	MATCHES 50 STICKS	Each	7.00	/ 7.00	7.00	7.00		
59	TEA (YELLOW LABLE)	190gm	500.00	/ 500.00	500.00	500.00		
60	CIGARETTES(CAPSTAN)20 CGS	Packet	230.00	/ 230.00	230.00	220.00		4.55
61	APPLE SUPERIOR QUALITY	Kg.	240.00	/ 250.00	253.33	230.00	-3.29	6.52
62	APPLE AVERAGE QUALITY	Kg.	150.00	/ 160.00	155.00	110.00		40.91
63	BANANA	Dozen	110.00	/ 120.00	136.67	110.00	-15.85	4.55
64	DATES	Kg.	470.00	/ 480.00	475.00	670.00		-29.10
65	GUAVA	Kg.	140.00	/ 160.00	131.67	104.17	13.92	44.00
66	MILK POWDERED NIDO	400 gm	1000.00	/ 1030.00	820.00	820.00	23.78	23.78
67	COOKED BEEF PLATE	Plate	350.00	/ 360.00	355.00	310.00		14.52
68	WHEAT	Kg.	90.00	/ 95.00	92.50	130.00		-28.85
69	MUSTARED OIL	Kg.	500.00	/ 500.00	500.00	590.00		-15.25
70	TEA PREPARED (SADA)	Cup	60.00	/ 70.00	65.00	50.00		30.00

M.D=Meat less day

N.A=Not Available

Source:- Bureau of statistics ,
Field office ,
SAHIWAL